

Risk Assessment

Location: Walking

Review Date:

RISK	CONTROL MEASURES	ADDITIONAL CONTROL MEASURES
Awareness raising	<ul style="list-style-type: none"> • Copy of Risk Assessment available for all to consult 	<ul style="list-style-type: none"> • Oral reminder given at beginning of group session. • Group leader to have copy of Risk assessment for any participant to read.
Slips, trips and falls	<ul style="list-style-type: none"> • Walking area free from trip hazards • Awareness of weather conditions • Wearing appropriate footwear / clothing 	<ul style="list-style-type: none"> • Route to be checked prior to activity taking place. • All participants to be vigilant to any unexpected hazards. • Walk leader vigilant at all times during the activity. • Participants vigilant to weather conditions and how they might impact on walking route. • Non-participation if inappropriate footwear worn.
Injury/ accident	<ul style="list-style-type: none"> • First aid materials available • Emergency contacts available 	<ul style="list-style-type: none"> • First aid pack carried. • Trained first aider. • Oral reminder of ICE cards. • Blank ICE cards available. • Record incidents in Report form. • Completed incident report forms passed to Chair or Secretary.
Health / hygiene	<ul style="list-style-type: none"> • Awareness of location of toilet facilities. • Wearing of appropriate footwear and clothing. • All participants to review own health and circumstances prior to taking part. 	<ul style="list-style-type: none"> • Hand sanitiser available. • Non-participation if inappropriate footwear / clothing is worn. • u3a Personal Risk Assessment (Hamilton and District) issued to all members when joining.