

## Vulnerable Adults

Everyone has different levels of vulnerability and each of us may be regarded as vulnerable at some time. All members who may be vulnerable have a right to protection from all types of harm or abuse.

In all our activities we will:

- Value, listen to and respect members who may be vulnerable.
- Ensure that all members feel welcome, respected and safe from abuse.
- Recognise equality amongst people and relationships.
- Do all we can to help members who may be vulnerable to be, and remain, active contributors within the u3a and if they are, or become, unable to participate independently, encourage them to bring a companion/carer with them in order that they can continue to enjoy the benefits of u3a membership.
- Ensure all members are aware of their responsibilities to protect vulnerable adults.